

The word of God is authoritative, cf. Psalm 119:89. The word of God is also sufficient. If we believe the word is the final authority in faith and practice, then it's sufficient in every circumstance in our life, cf. Psalm 19:7-11.		
Vs. 105: It's a light to our path. A lamp to our feet. We might say the word provides negatively by forbidding certain behavior patters. It also provides positively by showing the right path. (A) How friendly and wonderful are the beams of spiritual light in this world? John 1:4 "In Him was life, and the life was the light of men." Unsavd men hate the light because it exposes them. John 1:5 "The light shines in the darkness, and the darkness did not comprehend it." (B) Light and darkness don't fellowship because they have different paths. 2 Corinthians 6:14 "Do not be bound together with unbelievers; for what partnership have righteousness and lawlessness, or what fellowship has light with darkness?"		Why it's sufficient: 2 Peter 1:19-21 "So we have the prophetic word made more sure, to which you do well to pay attention as to a lamp shining in a dark place, until the day dawns and the morning star arises in your hearts. But know this first of all, that no prophecy of Scripture is a matter of one's own interpretation, for no prophecy was ever made by an act of human will, but men moved by the Holy Spirit spoke from God." His reference is to Psalm 119:105 and to pay close attention as the prophets spoke of the same things he is speaking. (A) This dark world, full of evil, the word is a shinning light, Ephesians 6:12 "For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places."
(A) It's sufficient to lead men to saving faith, 2 Timothy 3:15 "And that from childhood you have known the sacred writings which are able to give you the wisdom that leads to salvation through faith which is in Christ Jesus." (B) The scripture is sufficient to instruct, Deuteronomy 6:6-7 "These words, which I am commanding you today, shall be on your heart. You shall teach them diligently to your sons and shall talk of them when you sit in your house and when you walk by the way and when you lie down and when you rise up." The word is a lamp and a light as we walk in this world, as we walk together as husband and wife and mother and father.		
Vs. 106: I will keep your word. Here is a holy determination to obey the Holy Scriptures. This is for the glory of God, for the blessing of others, and for our own good as well.	Vs. 107: I am afflicted, revive me, according to Your word. The psalmist is afflicted by the schemes of the wicked. The word afflicted means "strain, stress, troubled" and describes everyday life under the sun. What's the psalmist's response? Revive me. How? According to Your word. Psalm 119:9 "How can a young man keep his way pure? By keeping it according to Your word."	Note: It's very applicable to us in our lives today, no matter where we are. The word of God is able, sufficient, and effective today.
Note: How is the Scripture useful and sufficient for us today? What gives you hope and joy in the midst of affliction, grief, and trouble? Psalm 119:130 "The unfolding of your words gives light; it gives understanding to the simple." In Paul's letter to Timothy, he outlines the importance of the sufficiency of Scripture in faith and practice, 2 Timothy 3:16-17 "All Scripture is inspired by God and profitable for teaching, for reproof, for correction, for training in righteousness; so that the man of God may be adequate, equipped for every good work."		
It's sufficient in teaching: the Bible instructs the believer how to live, in what to believe, and in what God expects. Teaching is related to conduct and doctrine. Jesus instructed us in Matthew 28:18-20 "And Jesus came up and spoke to them, saying, All authority has been given to Me in heaven and on earth. Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age." The scriptures instruct believers how to live in obedience to Him.		It's sufficient for reproof: the Bible instructs the believer what is wrong in his life. It is pointing out where a person has erred or departed from what God requires. Scripture is able to judge the heart where a believer has deviated from in doctrine or practice, Hebrews 4:12 "For the word of God is living and active and sharper than any two-edged sword, and piercing as far as the division of soul and spirit, of both joints and marrow, and able to judge the thoughts and intentions of the heart." (A) We may get offended at the fact the Scriptures point out our sin and disobedience, but as Christians this is a process of reproof in our lives.
It's sufficient for correction: Correction is the companion to reproof. Not only are we shown where we are wrong, but how to correct it. Ephesians 4:20-24 "But you did not learn Christ in this way, if indeed you have heard Him and have been taught in Him, just as truth is in Jesus, that, in reference to your former manner of life, you lay aside the old self, which is being corrupted in accordance with the lusts of deceit, and that you be renewed in the spirit of your mind, and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth." The scriptures are sufficient for reproof in areas of bad living, theology, and correcting it to right living and theology.		
It's sufficient for training: the Scriptures show how to put all this into practice, cf. Ephesians 4:25-32.	So that he may be adequate, equipped (2 Tim 3:16) and vs. 107 "Revive me, according to your word." What can revive a joyless soul or a broken spirit? Consumer-friendly sermons, hyped-up worship services, or positive thoughts won't last. But the word of God will. What can prepare you to live in obedience to His commands? What can save and redeem? The sufficient Scriptures.	
Application: Ephesians 4:9-16 display the sufficiency of Scripture in the life of the church and the Christian's walk.		